

**Integrative numerology Course  
Delivered by Karima Abdel Kader  
Health psychologist and soul guide**



**Intention**



Karimatherapy encapsulates the psyche and soul integratively. Every course is profound and alchemical soul work. We explore you in the purest and whole sense of the concept - YOU!

In this specific psycho-educational journey we delve into the use of a specific skill that allows for you to take home and apply on a day to day basis a true communication with your soul consciously. Taking responsibility to comprehend your souls wishes, gifts and life mission priorities so your psychological development can be in synch with this.

The peace and joy that derive from feeling this aligned and giving a technique that allows you to explore all the components of your life and self from this angel embodies true conscious freedom. Freedom to know the real you and freedom to take it to the highest potential of expression. We allow for our

communication and awareness of raise in dignity. A quest to recognize our noble self - our true high frequency heart self is no small thing. It is the key of knowing the energetical realities of our spirit here in this body.

Taking this to a relatable and dynamic space is the true gift in this course. Allowing you to feel a conscious return to what count: **Your true heart's will here on earth and how you can honor this fully**

**Seeing you true you is one of the most revolutionary acts of self love.**

So in my role as a soul guide and psychologist I wish to share this love journey with you all of true ascendance and recognition with numbers as our allies. Numbers being the codes of the vibration and truths within. Numbers being an access to a higher frequency language and perspective with which to understand these mysterious parts of us. My wish is for them to not be a mystery any longer. Hence the key of “integration” as a coming back to you with clarity and light.

This highly demanded course is finally starting this May !

**Contact me for more information and sign up before our groups close. These groups will be intimate and carefully built so a free energetical consultation prior to group assignation will be given.**

It will be a 7 month journey ( one module per month) and we transform together! This is subject to the group and there may be differences in structure and content according to the energy. My job is to adapt to you and your consciousness.

More information on my soul and work on [karimatherapy.com](http://karimatherapy.com)

## **Special consideration:**

As an integrative experience channeling, systemic psychology and psycho-energetic practices will be the backbone of the “how” in the learning process.

The two most essential factors for me as a medium and psychologist is to really honor your vibrations individually and as a group. Depending on the type of vibrations present the following module content may be more enriched and may even be transformed depending on our awareness.

For instance If I notice many 11's who have a deep understanding of “observation” permeating their discourse and their knowledge I will integrate a richer multi-perspective dimensional and astral reality to what is explored.

If I notice that there is a resonance in the wound space or karma I will enable a therapeutic slant to the learning experience

It will be personalized and enriched as it is no coincidence the group that we form part of as well as it is no coincidence the truths we resonate with as well as the rhythm. No one group leaves with the same learning curriculum but the intention is set on a psycho-pedagogical sense regardless.

The content will enable self exploration as well as a tool for your personal and professional use.

## **Modules:**

**Each module is thought to last 3.5 hours yet time is relative when needing to comprehend heal and explore.**

**Introduction to the sacred self through the language of the numbers 1-11 & Soul exploration from a karmic and responsibility of the self with regards to ones life mission**

- a) **The first module will particularly focus on the soul truths and the basics of numerological map structure through the analysis of the year.** This way we learn how to look at the “macro” . This is very intense in recognizing the self and the channeling pertinent to this as a part of a group energy can be more or less present according to receptivity. The exploring of the soul vibration will allow us to learn from the start what we can focus on in terms of our nuclear responsibility and we can understand the progress we have done for ourselves in regard to “Self work” thanks to it. A barometer of consciousness and a source of great compassion for the self. Recognition of the self is a liberating wonderful feat. *We can have the map of the year as our reference to be able to analyze ourself with regards to the day and the years demands as well as an understanding of the*

*consciousness on a macro. This year will be our “subject X” whose map we will begin by studying and will accompany us through the course as our frame of reference for the technical aspect of the course.*

*Prior to commencing I will offer a brief consultation with yourselves ( some days prior) to see how to best enable the course express your personal desires of healing and/ or exploration. That way I will be able to add coherence to us as a sacred system from the start. The channeling will be personalized and group centering from the start honoring the different roles we have due to our vibrations*

***Date of first module: 23rd or 30th ( to be confirmed by mid may according to confirmed participants and general consensus)***

***Proposed Time 16:00***

### **Karma with others and how this expresses itself in terms of our energetical and psychological evolution**

b) **The second module encompasses the mirroring of the responsibility over the self and toward others** as one in the same even-though it will be expressed in its individual vibrations. We will start to look at this from a dimensional view point ( this is the integrative in Karima therapy) and a sensitivity to the numbers being linked to the laws of our chakras and our history.

This taken on a group will allow us to even begin looking at this systemically.

*Really delving into the 1-11 through our group to get a feel of the alphabet of this language will resonate further on the second meet up. We will communicate with numbers and relate.*

**Date of second module: 20th or 27th of June according to consensus**

### **Life mission in regards to our gifts**

c) Upon our third encounter we integrate the “work” column ( soul and karma) of the prior two modules and look at our observations with regards to our progress and an “overview perspective of how to be aware to effectively integrate both. There is a numerological factor that is wonderful to give a “summary feeling” of the work to flow toward the gifts and mission

*The gift will allow us to think in terms of potential and much like the life mission we will be keep both factors close since the first day. However now we can pay more attention to what is dharmic rather than karmic. To that which is a “facilitator” rather than a soul struggle. Here we may see particular frequencies that require special attention which will truly depend on the numerology of each member.*

The life mission will be from where we view our gifts. This module could really help with questions such as ¿ What should I truly focus on in this life? ¿What is my vocation? ¿What makes my presence here special?

**Date of third module: 18th or 25th of July according to group consensus**

### **Past life influences over a sense of “destiny” that we can empower ourselves to be aware of and take responsibility over**

d) Upon our fourth encounter *the destiny concept really touches upon time from a dimensional and high frequency*. Looking at our incarnation from a high frequency time perspective will really help our evolution. We will be really delving into the self as a “master” and how our own personal master or higher self may communicate through these priorities extended through time ( 4d) and space ( 3+4d). This will also allow us to marry our life mission up to a “higher purpose” that some of us may be conscious or unconscious of.

**Date of fourth module: 22nd or 29th of August according to group consensus**

### **Our origins and our map**

e) By this point there is a certain cohesion in the group and we can delve deeper into a clearly healing / therapeutic place. Family members inherit our numbers and the same is true for us so we can delve into systemic truths from this space and look at creating a calm for the struggles with the help of the group if this energy is available ( This is highly subjective and dependent on frequency of the group)

**Date of fifth module 19th or 26th of September according to group consensus**

### **Integration of my Id- My map - My integrated sense of self**

f) Learning the art of true numerological relational work: how each number is a part of the story that makes you - you. The different perspectives of the you. The multiple ways to view your learning.

¿How do my vibrations relate?

¿What aspects do I want to learn to pay attention to each day?

¿How can I allow my soul to flourish in a way that there are no blocks for my life mission?

¿What are the secret helper numbers / balms?

There is also a numerological factor that encompasses the whole map in a final finger print of the self-that which makes you most you and defines how you walk the paths of your life - even above the life mission, which is so essential! This will be unveiled if group is ready at this point.

**Date of sixth module on 17th or 24th of October according to group consensus**

### **Numbers and the future: The art of harnessing and manifesting one´s intention with absolute awareness**

g) The numbers in regard to our intention on a personal and relational level for a day to day awareness: our couple, our social and professional bonds. Our intention in our projects and endeavors can be profiled through this. We can even get a sense of access to a “divination” technique when this is fine tuned as a result . The story that is yet to be defined.

**Date of seventh module on 21st or 28th of November according to group consensus**

***Let the journey begin!***

***Free brief consultation so as to better personalize your “trip” into the self through sacred numbers. A perspective of self love when combined with Karima Therapy methods. A true celebration of the You to be “seen” and treasured.***