

Female alchemy courses, modules and workshops:



Course on Female alchemy

Why is this important:

When we don't live in our truth we negate our true needs and true purpose here. If I don't know what my true frequency is, what my soul drive is and my unconscious self I run the risk of being at the expense of a sense of survival. I cannot live without purpose and this comes from feeling my true Me and honouring this truth no matter the consequences.

How can we settle for survival when we are inherent creators?

Objective:

Allowing a woman to understand herself on a profound level to optimise her sense of self, expression of self and life, on a psycho-emotional level and bio-energetical front. A sense of power, of life, CAPITAL L at being oneself, a woman, is the ultimate objective. Learning and loving ourselves as a group and as an individual.

Core structure & Content:

Matriarchal tribes have been a passion of mine in self-study as well as personality analysis. The power that lies in women converging to fulfil their missions and express their highest potential can be lived, if only we know how to create said environment.

Holistically speaking the following themes are explored in focused:

***The woman as the creator :**

* Including a specialised and highly personalised female intuition workshop (*module 1 of the female alchemy - see below- requiring many in depth workshops*)

* Gaia as our mirror : allowing nature to mirror our identity back at us and our need to understand her so as to understand our origins & purpose. Special component of workshop as we tap into eco-psychology as well as ethno psychological knowledge we all deserve possess.

* Our creative potential

The lessons and patterns of struggle:

- Interpersonal lessons / Mirroring : our own projections unto others imploring us to look inward to be able to soar upward
- Karmic explorations: via numerological and astrological explorations

How to be there for yourself.

We may have heard of having to “listen” to ourselves but we need to be able to tap into this and preserve ourselves bravely when we have managed to do so.

- *Self-care* for the soul and psyche
- Our body and *psychosomatic* truths
- Energetic protection & empowerment : We think about hygiene on many levels but not enough about our energetical hygiene. The higher one’s sensitivity the higher one has to think about cleansing and shielding. A prior understanding of your own energetical needs is essential for this.

Partnership and sexuality

A woman who discovers herself wholly doesn't wish for contentment or comfort but to be moved and feel like a partner add, contributes to a life dedication to her personal growth. Lets look at this elusive part whether we are in a relationship or projecting a want for one- a sacred union is that of much more than the ego allows for.

- *Our Soul companion-our equal* : looking at our partner in a psychologically nutritious and spiritually significant way. A companionship with purpose
- *Spiritual Sexuality* - Sexual union / discovery

They are delivered bimonthly or monthly (depending on content and depth) as modules of our female alchemy course. They will have a therapeutic and educational feel enabling both self

exploration as well as an objective acquisition of abilities that one can apply in service of others eg therapeutic and Soulful Tantric Numerology.

The duration and structure depend completely on the group. No course is ever repeated in exactly the same way as its all completely idiosyncratic & tailored to you all. Additionally I like to point out before hand that the women that do attend and coincide in a particular group have done so by no means by coincidence. They have their perfect mirrors, allies and confidant awaiting.

**Workshops specialised in Female Empowerment and Intuition
(also Module I of course and ad hoc workshop so as to initiate w
omen into the KIT applied to their own self discovery)**

Accessing your truth or your true self requires a capacity to connect with one's intuitive abilities as well as a want to listen and accept. One's gifts, karmic feats and life mission are discussed thanks to a unique set of tools.

The archetype and the sacred map: The key to love and learning your inner woman
The nucleus of all workshops will have the archetypes and tantric numerology mapping at the forefront so women can track their own sense of self awareness and growth. A definite aha! Moment occurs when you experience your development being reinforced and accompanied by other women with no tabu and an avid want to explore.

At times we will learn about one specific archetype to enhance a certain psychological aspect of us e.g Aphrodite the archetype of physical self- love and admiration... we would explore these themes in a way that is pertinent to our own numerology soul maps as a stepping stone to "holistically" living a sense of "woman". We transform and never leave an encountered without gaining something healing and significant.

The skills that you acquire in self analysis can then be transferred to women you may want to coach or may just remain a skill that is bountiful for you.

- **Personalised Female life map** – shaping our mission, our gifts, our challenges according to our very own numerological composition. A tool you can always refer to for a better understanding of yourselves
- **Diary of female self-discovery** including channelled messages, personal psychological discoveries and continual "love and learning" objectives adapted to your cycle as well as the moon's cycle.



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